



RAISE-MPACT Transition Survey

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Purpose

- To inform PTIs about the most impactful high school transition supports for positive postschool outcomes and life satisfaction among young adults with disabilities.



Research Questions

- What are the current realities in terms of work, education, and level of satisfaction among young adults with disabilities aged 18-26?
- What transition activities (content learned, experiences had, supports provided) did young adults with disabilities have in high school?
- To what extent do young adults with disabilities and parents of young adults with disabilities differ in their perceptions of high school transition activities and postschool outcomes and satisfaction ratings?
- What high school transition activities have the strongest relationship to postschool outcomes and adult satisfaction ratings for young adults with disabilities aged 18-26?



Design

- Collaboration between RAISE and MPACT, Missouri's PTI
- Online Survey (SurveyMonkey)
- Recruitment through *Exceptional Parent* magazine
 - Young adults with disabilities aged 18-26
 - Parents of youth and young adults with disabilities aged 18-26



Analyses

- Descriptives
- Comparison of means (t-tests, cross tabs)
- Correlations
- Regression (linear, logistic)



Participants

- 621 Youth Aged 18-26 (80.3%)
- 152 Parents (19.7%)



Satisfaction Ratings (1-10)

- Overall
- Work
- Education
- Social life
- Living Situation



Outcomes Since Leaving HS (yes/no)

- Paid Job
- Education (college, work training)
- Combination of paid job and/or college/work training



Transition supports (yes/no)

- What did they learn?
- Career interests, applying for job, advocating for self, etc.
- What did they experience?
 - Paid and unpaid work, internship, college experience, etc.
- Who supported them?
 - Teachers, VR counselors, healthcare providers, friends, family, etc.



What is the current reality?



How satisfied are you? (1-10 scale)

Life Satisfaction	6.23
Job	6.46
Education (College, Work Training)	6.69
Social Life	6.39
Living Situation	6.24



Have you had these experiences since high school? (% yes)

Paid Job	73.5%
Education (college or work training)	66.0%
Combination of paid job and/or education	85.7%



What high school transition supports did participants have?



Which of these did you learn about in HS?

My legal rights	32.1%
Applying for college scholarships and student loans	28.8%
Applying for jobs	28.6%
Career interests	27.6%
How to succeed in college or work training programs	25.0%



Which of these did you learn about in HS?

My legal rights	32.1%
Applying for college scholarships and student loans	28.8%
Applying for jobs	28.6%
Career interests	27.6%
How to succeed in college or work training programs	25.0%
My strengths and weaknesses	24.8%
How to keep a job	24.7%
How to make friends	23.3%
How to take care of my health needs	20.2%

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How to take care of my health needs	20.2%
How to live on my own	19.9%
How to make life decisions for myself	17.6%
How to advocate for what I need	10.1%

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Which of these experiences did you have in HS?

Volunteering	39.6%
Internship	27.3%

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Which of these experiences did you have in HS?

Volunteering	39.6%
Internship	27.3%
Unpaid work	23.8%
Leadership and self-advocacy	22.8%
Paid work	22.6%
College visit or HS college class	21.5%



Which of these experiences did you have in HS?

Volunteering	39.6%
Internship	27.3%
Unpaid work	23.8%
Leadership and self-advocacy	22.8%
Paid work	22.6%
College visit or HS college class	21.5%
Work training program	12.5%



Which of these helped you get ready for life as an adult?

Healthcare providers	33.8%
Mental health providers	26.9%



Which of these helped you get ready for life as an adult?

Healthcare providers	33.8%
Mental health providers	26.9%
Vocational Rehabilitation	24.5%
Special education teacher	24.2%
Pre-Employment Transition Services	23.0%
Family	22.9%
Centers for Independent Living	21.1%



Which of these helped you get ready for life as an adult?

Healthcare providers	33.8%
Mental health providers	26.9%
Vocational Rehabilitation	24.5%
Special education teacher	24.2%
Pre-Employment Transition Services	23.0%
Family	22.9%
Centers for Independent Living	21.1%
Friends	19.7%
School counselors	16.3%
Other teacher	14.2%
Transition coordinators	14.1%
IEP team	11.0%
Youth organization or group	7.0%



Average number of each type of transition activity

Content learned	2.8
Provided support	2.6
Experiences had	1.7



Which of these experiences did you have in HS?

Average number of areas selected: 1.7

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Which of these helped you get ready for life as an adult?

Average number of areas selected: 2.6

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Were young adult and parent responses very different?

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Short Answer

No.



Differences in Satisfaction

- Parents rated significantly higher on two scales
 - Life Satisfaction (0.33 higher)
 - Living Situation Satisfaction (0.54 higher)

	Youth	Parent	Significant Difference?
Life Satisfaction	6.17	6.50	Yes (0.33)
Job Satisfaction	6.45	6.51	No
College/Training Satisfaction	6.69	6.73	No
Social Life Satisfaction	6.36	6.54	No
Living Situation Satisfaction	6.14	6.68	Yes (0.54)



Differences in Outcomes

- No significant differences for
 - Paid job
 - Education (college or work training)
 - Combined: paid job and/or education
- Significant differences for
 - Disability disclosure at work and in education, fulltime job
 - All higher for young adult participants



Differences in Transition Supports

- Few differences (4/32, 12.5%)
 - Learning: how to keep a job
 - Experiences: unpaid work, internship
 - Supports: healthcare provider
- All higher for young adults



Which transition supports were most associated with greater satisfaction?

Horizontal lines for writing answers.



How satisfied are you? (1-10 scale)

Life Satisfaction	6.23
Job	6.46
Education (College, Work Training)	6.69
Social Life	6.39
Living Situation	6.24

Horizontal lines for writing answers.



Overall Satisfaction

- Positive
 - Paid Work (.171)
 - College Experience (.133)
 - Internship (.106)
 - Unpaid Work (.094)
 - Career Interests (.089)
 - Volunteering (.080)
 - Leadership and Self-Advocacy (.075)
- Negative
 - None

Horizontal lines for writing answers.



Work Satisfaction

- Positive
 - Paid Work (.189)
 - Internship (.172)
 - Unpaid Work (.158)
 - Volunteering (.151)
 - Work training (.108)
 - Leadership and Self-Advocacy (.091)
 - College Experience (.099)
- Negative
 - Support from Special Educator (-.142)



Education Satisfaction

- Positive
 - Support from Other Teachers (.153)
 - College Experience (.135)
 - Unpaid Work (.129)
 - Support from Mental Health Providers (.118)
 - Paid Work (.098)
- Negative
 - Learn about Succeeding in Education (-.126)
 - Learn about Rights (-.112)



Social Life Satisfaction

- Positive
 - College Experience (.179)
 - Paid Work (.147)
 - Unpaid Work (.113)
 - Volunteering (.101)
- Negative
 - Support from Family (-.135)

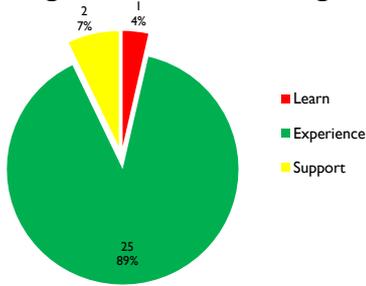


Living Situation Satisfaction

- Positive
 - Paid Work (.147)
 - Unpaid Work (.113)
 - Volunteering (.101)
 - Leadership and Self-Advocacy (.101)
 - College Experience (.179)
- Negative
 - Support from Family (-.135)

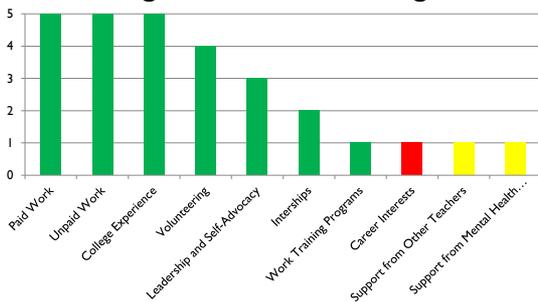


Type of Transition Activity Related to Higher Satisfaction Ratings





Transition Activities Related to Higher Satisfaction Ratings





Which transition supports were most associated with positive outcomes?



Have you had these experiences since high school? (% yes)

Paid Job	73.5%
Education (college or work training)	66.0%
Combination of paid job and/or education	85.7%



Predictors of Paid Job Since HS

Positive

- Paid Work (4.542)
- Unpaid Work (1.837)
- Support from CLs (1.739)

Negative

- Learn about Health (.414)
- Support from Family (.434)
- Learn about Making Life Decisions (.597)



Predictors of College/Training Since HS

Positive

- College Experiences (2.626)
- Internship (2.482)
- Learn How to Apply for Scholarships and Student Loans (2.317)
- Leadership and Self-Advocacy Experiences (2.247)
- Paid Work (2.188)
- Learn How to Succeed in College/Training (2.084)
- Volunteer (2.053)
- Support from Pre-ETS (1.667)

Negative

- Support from School Counselor (.494)
- Support from Family (.570)



Paid Job and/or College/Training Since HS

Positive

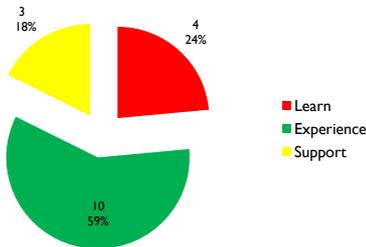
- Paid Work (4.761)
- Work Training Experience (4.413)
- Support from Other Teacher (not special education) (3.230)
- Learn How to Apply for Scholarships and Student Loans (2.234)
- Learn How to Succeed in College/Training (2.076)
- Leadership and Self Advocacy (1.991)

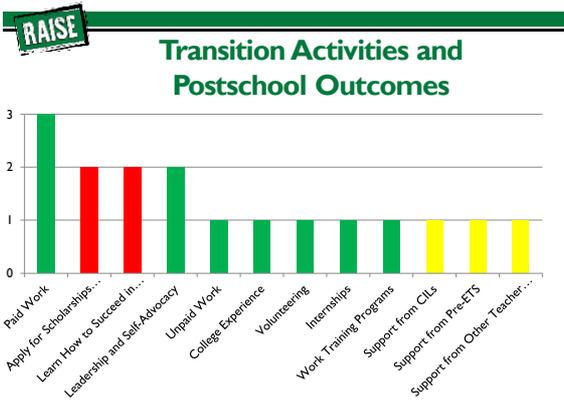
Negative

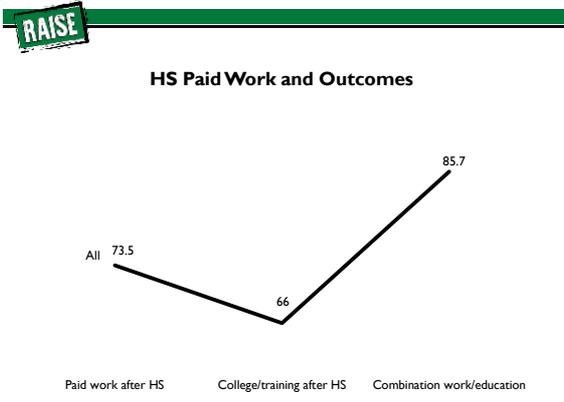
- Support from Family (.366)
- Support from Mental Health Provider (.477)
- Learn about Health (.523)

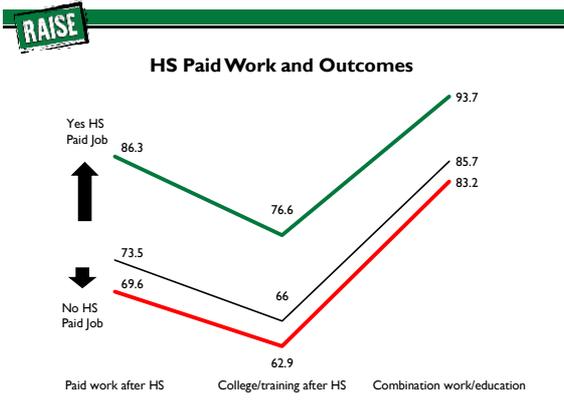


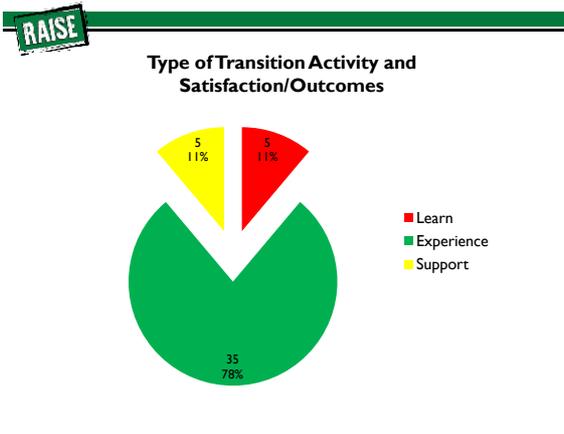
Type of Transition Activity and Postschool Outcomes

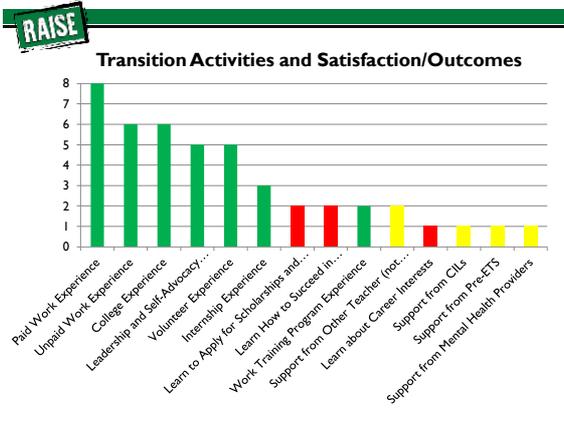












- RAISE**
- ### The Most Impactful Transition Activities
- Paid Work Experience
 - Unpaid Work Experience
 - College Experience
 - Leadership and Self-Advocacy Experience
 - Volunteer Experience
 - Internship Experience



Focus Groups



Young Adults: Tentative Findings



Parents: Tentative Findings



Conclusions

- A limited number of transition activities are positively associated with positive postschool outcomes and adult satisfaction ratings.
- Transition experiences (especially paid work) are more strongly associated with postschool satisfaction and positive outcomes than transition content learned or transition supports provided.
- Many transition activities are not occurring at high rates, but having transition experiences is less common than learning about transition content or having transition supports.



Discussion Questions

- What are the implications of these findings for your PTI?
- What do you think of our findings?
 - What do you agree with?
 - What do you disagree with?
 - What do you want to know more about?
- What additional research would help your organization?
