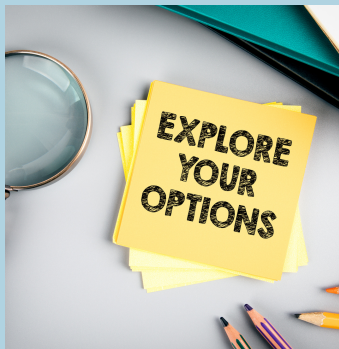


THE LINK BETWEEN EXPERIENCES AND SUCCESSFUL POST-SECONDARY OUTCOMES

CAREER EXPLORATION



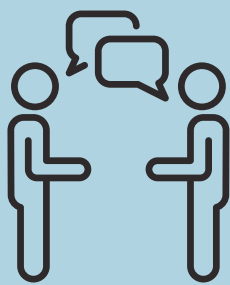
High school students can use their experiences to explore different careers and gain an understanding of what they might be interested in pursuing after graduation. Volunteering, internships, and job shadowing can provide students with valuable insights into different professions and industries.

TIME MANAGEMENT

High school students who have experience managing their time effectively will have an advantage when they transition to post-high school life. They will be better prepared to balance academic responsibilities with work, extracurricular activities, and other commitments.



INTERPERSONAL SKILLS



Building relationships and effective communication skills are essential for success in any career. High school students who participate in extracurricular activities, volunteer work, or leadership roles develop these skills, which will serve them well in college or the workforce.

INDEPENDENT LEARNING

In college, students are often expected to be self-directed learners. High school students who take Advanced Placement or honors courses, attend dual-enrollment classes, or complete independent research projects will develop the skills necessary to succeed in a more independent learning environment.



RESILIENCE

Life after high school can be challenging, and students who have faced difficult situations and overcome adversity are better equipped to handle the challenges that come with college or work.



FLIP THIS OVER TO SEE EXAMPLES OF AUTHENTIC EXPERIENCES



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Experience Works*



*Authentic experience is the strongest predictor of post-secondary success.

Where to find opportunities for authentic experiences

Internships:

Many companies and organizations offer internships to high school students. These programs provide students with hands-on experience in a particular field or industry and can help them develop skills and knowledge that will be useful in college or the workforce.

Job Shadowing:

High school students can arrange to shadow professionals in a particular field or industry to gain insight into their day-to-day responsibilities and work environment. This experience can help students make informed decisions about their academic and career paths.

Volunteer Work:

High school students can volunteer with local organizations to gain experience in a particular field or industry. Volunteer work can provide valuable insights into the challenges and rewards of different professions and can help students build skills and make connections.

Part-Time Jobs:

High school students can gain valuable experience and skills by working part-time jobs in a variety of industries. These jobs can provide opportunities for skill development, networking, and building confidence.

Extracurricular Activities:

Participating in extracurricular activities, such as clubs, sports, or student organizations, can provide students with opportunities to build leadership, teamwork, and communication skills. These experiences can be valuable in college or the workforce.