

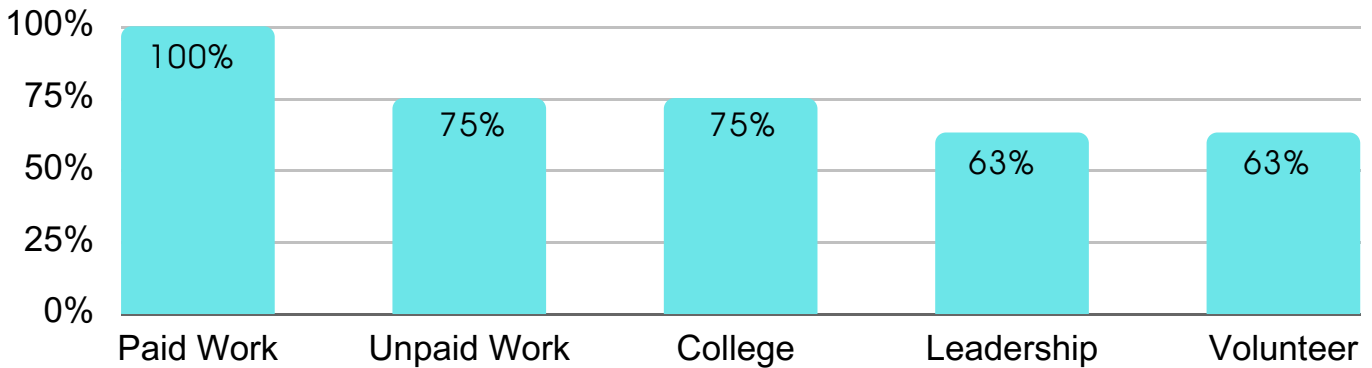
Transition Experiences



What high school transition activities are the strongest predictors of positive adult outcomes and satisfaction ratings?

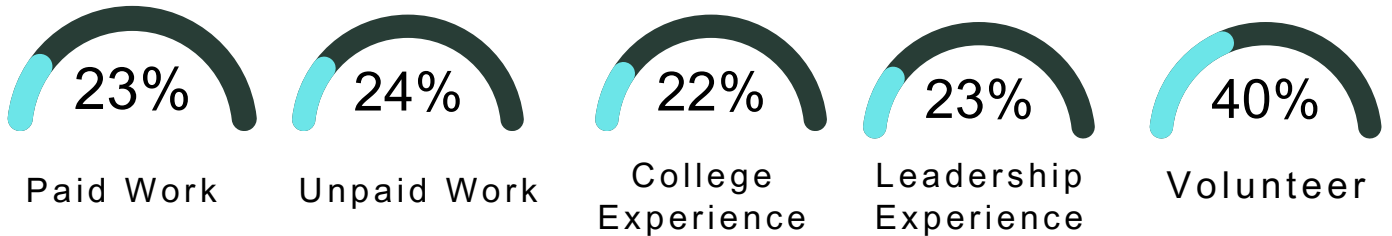


Transition experiences are the most impactful transition activities...



Note: percentage of statistically significant relationships with eight adult variables: three outcomes (postsecondary work, education, and either work or education or both) and five satisfaction ratings (overall, work, education, living situation, and social life).

...but most students don't have these experiences.



What it means...

...for parents.

Advocate for transition experiences aligned with your youth's interests at school and in the community.

...for youth.

Figure out your interests and get connected to transition experiences at school and in the community.

...for professionals.

Find out about opportunities for community-based transition experiences and build connections.

Data are from a national survey of young adults with disabilities and parents about high school transition activities, adult employment and education outcomes, and adult satisfaction. We asked about 32 transition activities across three domains: transition content, transition experiences, and transition supports. For more information, go to the [October 2022 issue of Exceptional Parent magazine](#).