

# Transition Tips for Professionals



## Support for Families

- Encourage them to talk to their youth about their hopes and dreams for the future
- Share transition research, including the importance of community-based transition experiences and paid work
- Tell them to find out about transition programming at school
- Help them identify transition experiences they could create in their communities
- Connect them with other families navigating the transition process

# Support for Youth



- Listen to their hopes and dreams for the future
- Encourage them to seek out mentors and experiences related to those hopes and dreams
- Help them find their voices and selfadvocate in different areas of their lives (school, home, community)
- Share transition research on the importance transition experiences

## Support for Educators



- Share research on the importance of transition experiences
- Help them connect their transition instruction in school to communitybased experiences
- Make sure they know about Parent Training and Information Centers (PTIs), Vocational Rehabilitation (VR), Pre-Employment Transition Services (Pre-ETS), and Centers for Independent Living (CILs)

#### What is transition?

Transition means getting ready for life after high school in these areas:

- · careers.
- college and other education,
- community involvement,
- · social life, and
- living situations.

Transition requires coordination among students, families, educators, and other professionals, and it works best when it happens in community settings.

Two of the most powerful predictors of successful postsecondary outcomes are:

- paid work and other community-based experiences during high school and
- participation in inclusive classrooms and community settings.

### Additional Resources

- RAISE provides transition resources and technical assistance to parent centers. https://www.raisecenter.org/
- Transition resources from the Center for Parent Information and Resources (CPIR). https://www.parentcenterhub.org/resourcelibrary/index/t/t1/
- Secondary transition online module from the Iris Center. <a href="https://iris.peabody.vanderbilt.edu/module/tran/cresource/q1/p01/">https://iris.peabody.vanderbilt.edu/module/tran/cresource/q1/p01/</a>
- The National Technical Assistance Center on Transition (NTACT) summarizes research on effective transition practices. https://transitionta.org/topics/effective-practices/
- Our research on transition experiences is in the October 2022 issue of Exceptional Parent magazine.